

Dear Parents/Caregivers,

This term the Baynton West Cross Country is Week 7 on 14 June. In preparation for this I will be running Cross Country training for years 4 to 6, on a Tuesday and Thursday morning 7.45 – 8.00am. If your child would like to be involved in this they need to arrive at the oval to start at 7.45am where they need to sign in with Mrs Langlands. The start date will be Thursday 10 May.

The distance that the years 4-6 have to run is 1.9km. We will be working up to this in our training sessions.

Any questions or concerns please contact Kelly Langlands.

I look forward to seeing the students there.

Kelly Langlands

Health and Physical Education Teacher.

7th May 2018

