

Canteen 2018 Welcome

Please find attached our new menu for Term 1 (Our menu is based around the Department of Education's Healthy Food and Drink Policy) check out our specials:

- **Monday** - Fishy Fun pack – 3 **fish fingers** with cut Veggie sticks, and cheese
- **Tuesdays** – Homemade **Spaghetti** with hidden vegetables
- **Wednesday** is homemade **hamburgers**. The patty is homemade and we have put some zucchini, carrot, herbs and onion in them but the kids can't tell and love them
- **Thursdays** **Chicken Fried Rice** – homemade with vegetables, cooked chicken
- **Friday** is our only pre brought product being pie and sausage roll day but with the option of a fruit and veg bag

Please note that we make nearly everything from scratch to try and give your children less preservatives, and more vegetables. We also have fruit and water available prior to school for “**Crunch and Sip**” which the children are allowed in class.

You can order your child's lunch and Uniforms online by logging onto www.quickcliq.com.au. Please for those that were at the school last year please don't forget to change your child's room number online. If your child has any **allergies or diet specific request's** please provide these under “Health Warnings” or “Additional Instructions” on your online order or please write on your bag at the window. We will take your recommendations and health warnings into consideration when ordering stock and making your child's lunch and recess.

How do my children receive their orders?

Kindy & pre-primary will have **lunch only orders** (as they have fruit to share at recess time no orders will be delivered at recess) collected by a class helper to their block / class room and given out by the teachers. All items on the menu except Custard Cones and Banana smoothies will be on offer to these classes and must be pre ordered prior to 8.30am but are only delivered at lunch time.

Years 1 - 6 Recess (1st Break) - Children will need to come to the canteen window at recess to collect their pre ordered recess if ordered online, otherwise cash sales will be accepted at recess.

Years 1 – 6 Lunch (2nd Break) – all orders, both handwritten and on-line, **must be received by 8.30am**. all late orders will only be offered a basic sandwich. A representative from each class will need to come to the Canteen door at 12.35pm to collect the hot and cold bags for each classroom and the teacher will then hand out the orders.

After lunch cash sales – once the children have eaten their lunch and have permission to play they may approach the canteen window for after lunch sales - icy poles, ice creams, drinks.

If your child does not receive their lunch please tell them to see us in the canteen, we cannot help them if we do not know they have not received their lunch.

Please do not give your child large notes (\$20 - \$50) to buy food from the canteen window and discourage them from buying food for others.

Have you considered helping out in the canteen? Mum, dad's, grandparents invited. we would love to see you, and so would your kids. Full training delivered, We offer free tea, coffee, lunch and friendship to all our **volunteer helpers**. Have you got small kids at home and can't help out in the canteen? How about joining our “**Friends of the canteen**”? we still need help shopping, washing, craft for special days, if your interested please drop us an email bwpspnccanteen@gmail.com. Or see the ladies at the canteen window.

We look forward to your support.

Baynton West Primary School P&C